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JANET NAPOLITANO, GOVERNOR
CATHERINE R. EDEN, DIRECTOR

The Honorable Janet Napolitano
Governor
State of Arizona
1700 W. Washington
Phoenix, AZ 85007

Dear Governor Napolitano:

I am pleased to present the Annual Report for the Arizona Department of Health Services/ Division of Behavioral Health Services and the Arizona State Hospital for fiscal year 2003. This report is prepared in accordance with A.R.S. 36-3405 and 36-209(E) and combines the Annual Reports for the Division of Behavioral Health Services and the Arizona State Hospital, and reflects the activities of various components of these service areas.

The following are highlights of this report:

- By the end of Fiscal Year 2003, 101,685 clients per month received behavioral health treatment services. During Fiscal Year 2003, prevention services were provided to 147,700 persons.
- The average daily census of the Arizona State Hospital in Fiscal Year 2003 was 313 patients.
- The Arizona State Hospital has experienced a population shift from civil to forensic population. In 1999, 44% of the patients at the Hospital were forensic, while in 2003, 53% of the patients at any given time are forensic.
- The Arizona State Hospital's wait list for Adolescent and Pre-Trial Forensic Restoration to Competency Programs rose from 11 to 85 during Fiscal Year 2003.
- The Arizona State Hospital opened the new 200-bed Adult Civil facility in February 2003.
- The new Adult Civil facility was recognized by the Valley Forward Association with a First Place Crescordia Award for Environmental Excellence. Crescordia is a Greek term meaning "to grow in harmony."
- Training was continued for providers as well as Regional Behavioral Health Authority and State Agency staff to support the implementation of the 12 Arizona Principles for behavioral health service provision to children and their families. The 12 Arizona Principles advance the desired outcomes for children of success in school, avoidance of delinquency, living with family and becoming stable and productive adults.
- The Division of Behavioral Health Services increased the availability of respite care services and the capacity for therapeutic foster care services to children.
- A Family Support Partners agency was formed to organize a network of parents who support the behavioral health system through their "family voice."

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- A clinical Assessment Tool was designed and implemented statewide to standardize the process for collecting behavioral health, medical, and social history and current status of the person or family entering care in order to match treatment approach and services with needs.
- The Health Insurance Portability and Accountability Act (HIPAA) Privacy Rules were implemented at the Division of Behavioral Health Services and at the Arizona State Hospital.
- Practice Improvement Protocols were implemented for adolescent substance abuse treatment, psychotropic medication prescription for children and adults, and coordination of care with AHCCCS Health Plans and Primary Care Providers.
- The array of covered services continues to expand with the addition of Habilitation providers who provide respite, personal care and other supportive services to persons to help them remain in the community.
- The Request for Proposal for the Maricopa County Regional Behavioral Health Authority was developed during Fiscal Year 2003 and released in September 2003.
- The Arizona Rules for Persons with a Serious Mental Illness (R9-21) were revised effective June 30, 2003 and were posted on the Secretary of State's website.
- All clinical and contractual documents have been reviewed, revised and updated to align with our vision and principles for the behavioral health system.

I pledge our continued efforts toward a system that provides quality behavioral health services to those in need.

Sincerely,

Catherine R. Eden
Director

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